

## Yare a ede 'pre-eclampsia' ho nkyerekyere

**Menyare. Aden nti na esese mehu apemfo hwesofo (midwife) mmere tia biara?**

Wo apemfo hwesofo (midwife) beboa ama:-

- Woahu akwan a wobefaso abo wo ne woabofra a woawo no foforo no hoban.
- Behu nsesae ahorow a ebama nahu se ayebiara wobetumi aya nyinsenfa mu yare a ede 'pre-eclampsia' no.

**Eden yare a wofre no 'pre-eclampsia'?**

- 'Pre-eclampsia' ye yafunufamu yarewa. Wobeya saa yare yi wo wo nyinsen mu.
- Mmere pii no ennye yare a ebekawo ato mpa so.
- Eto dabi a etumi kawo to mpa so.
- Yare yi tumi ka wo opemfo no ne woabofra a owo yafunu mu no nso.

Yare 'pre-eclampsia', din a atwamu de 'toxaemia'

**Okwan ben so na yare yi betumi ahaw me meneba foforo yi?**

- 'Pre-eclampsia' ye yarewa a etumi ma wo mmogya mmroso. Eyi betumi ama wo honanmu ohaw pii.
- Pre-eclampsia' ye yarewa a etumi asiw kwan ma woba a owo yafunumuno nnya aduan ne mframa. Abofra no nkoso betumi ato sin.
- Woba no yin mu nkoso ano bebre ase. Eyi betumi de yarewa ahorow abre abofra no.

**So metumi anya saa yare 'pre-eclampsia' yi anna?**

Woa wobetumi aya saa yare yi ye:-

- Woa woa anyinsen nea edi kan.
- Woho mogyamu nipa se womaame anaa wonuabea bi ayare bi pen
- Woadi mfe mfe aduannan ne akyiri.
- Wowo mmogya mmoroso yare
- Wowo mmogyamu asikire yare ne *kidney* yarewa.
- Woa woanyinsen ntafo anaa ahenasa
- Woa wo aya yare no pen wo nyinsen mu
- Woa wo mmuduru boro 35 - emmea a woso/ emmea akesefo.
- Wo nyinsen a etwa to adi mfe du ne akyiri.
- Woa wowo mmogya mmoroso, mogya mu asikyire yare, dwonso mu yarewa ahorow.

**Meyeden ahu se meyare 'pre-eclampsia'?**

'Pre-eclampsia' ye yarewa a etaa yi neti wo woyinsen mfenifini. Saa mmere yi efi bosome anan anaa anum mu dereko.

Yarewa ho nnsenkyeredi bi ne:-

- Tipae anaa asoroben a wonom tipae aduru a ennyae
- Woani so ye wo wisiwisi anaa aniso bribri, woani so twa gya anaa eye wo se wohu ayinam anaa kanea nketenkete
- Wohan mu yaw wo wonnfe dompe mu ne titriw wonfe ase wo wonsa nifaso

Saa honam mu atekade yi ye yarewa 'Pre-eclampsia' ho nnsenkyerene

**Eden mmoa na apemfo hwesofo (midwife) betumi de aboa me?**

- Obe susuw wo mogya ahooden mmere tia mu
- Obe hwe wo dwonso ahwehwe dwonso mu yarewa 'protein'

Wo mmogya mmoroso ne asikyire gyinabea betumi akyere se woanya pre-eclampsia

**Eden mmoa na me ne meneba foforo yi beya wo meyare yimu?**

- Se wohu yare yi ntem a, dokitafo bema wo nnuru ne adesuade a ebama wone abofra no aya apowmu den.
- Wobeya nnuru ahorow a ebe bre wo mmogya mmoroso gyinabea no ase.
- Wobetumi agye wo ato ayaresabea, se ebeye a dokita fo ne apemfo hwesofo (midwife) bema won ani aba woso mmere nyinaa se ebeye a ohaw biara emma wone woba no so wo wo nyinsen mu.
- Wo behwe ma se ebeye a, wo awo aye ntem

'Pre-eclampsia' yare yi ano bre ase wo wo awo akyi. Efi saa mmere yi dereko no woahota ye ntem

**So eye me mfomso se meyare 'pre eclampsia'**

- Daabi. Pre-eclampsia ye yarewa a wonntumi nnye ho hwee. Wonntumi nsiw ano kwan nso.
- Mmogya mmoroso yare wo pre-eclampsia mu mfi abrabo mu ohaw ho adwendwen anaa adwumaye wo nyinsen mmere mu.

Se wo wo nsemmisa foforo bi anaa se wohia mmoa soronko bi fa yarewa yi hoa, kyerew:

**Action on Pre-Eclampsia**

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**ACTION ON PRE-ECLEMPSIA** ye oman aforebodwumadi kuw a eboa apemfo a eyare Pre-Eclampsia. Ekuw yi ma dokitafo ne apemfo hwesofo saa yare yi ho adesuade nkyerekyere. Dwumadi kuw yi betumi ama wo yare yi ho nimdii anaa mmoa wo won ahomatorofo mmoa bea wo:-

Nkaebo noma 020 8427 4217

Kae se

Wo be ba mmoa bea yi

- Fa wo apemfo hwesofo (midwife) adamfo soronko

Hwehwe

- Yare 'pre-eclampsia' ho nnimdii ne adesuade

Nya asetena mu asomdweee.

- Wo apemfo hwesofo (midwife)ahomatorofo nomba ye:
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